

# No SANE in sight: An introduction to a training for ALL healthcare providers on caring for the sexually assaulted patient



Angelita Olowu BSN, RN, SANE-A, SANE-P

INTERNATIONAL ASSOCIATION OF FORENSIC NURSES

---

---

---

---

---

---

---

---

## Acknowledgement and Disclosures

- This presentation was made possible in part by funding provided by an award from the Office On Violence Against Women, U.S. Department of Justice Grant No. 2016-TA-AX-K008
- The planners, presenters, and content reviewers of this course disclose no conflicts of interest.
- Upon attending this course in its entirety (due to the criticality of the content) and completing the course evaluation, IAFN members will receive the specified number of continuing nursing education contact hours.
- The International Association of Forensic Nurses is an accredited provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



---

---

---

---

---

---

---

---



Presenter

Angelita Olowu BSN, RN, SANE-A, SANE-P  
Forensic Nursing Specialist



---

---

---

---

---

---

---

---

### LEARNING OUTCOME

Attendees of this presentation will be introduced to a new, comprehensive training that was developed based off the Appendix C: Minimum Training Recommendations of the National Training Standards, 2nd ed.



---

---

---

---

---

---

---

---

### Poll Question



True or False:

There are still many healthcare systems and communities that do not have access to SANE trained clinicians?



---

---

---

---

---

---

---

---

### Poll Question

Do you have any colleagues who have had to conduct a Medical Forensic Examination with no training or guidance?



---

---

---

---

---

---

---

---

### Chat Question



Who benefits most from clinicians receiving basic training on providing care to patients after a sexual assault?



---

---

---

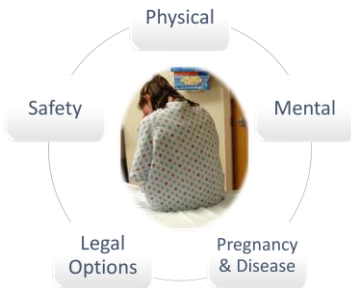
---

---

---

---

---



---

---

---

---

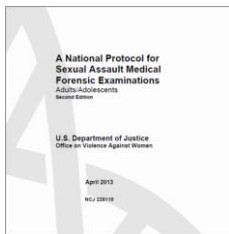
---

---

---

---

### Guidance Documents



National Protocol for Sexual Assault Medical Forensic Examinations Adult/ Adolescent



---

---

---

---

---

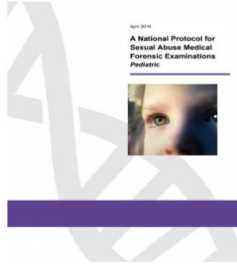
---

---

---

### Guidance Documents

National Protocol for Sexual Abuse Medical Forensic Examinations Pediatric



---

---

---

---

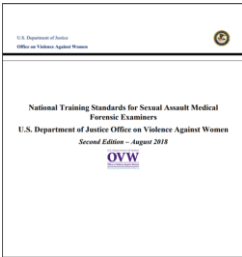
---

---

---

---

### Guidance Documents



National Training Standards for Sexual Assault Medical Forensic Examiners



---

---

---

---

---

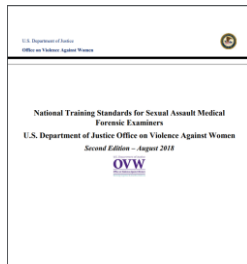
---

---

---

### National Training Standards 2nd ed.

Intended for clinicians who have been specially trained to provide specialized, comprehensive care to patients who have been sexually assaulted or abused.



---

---

---

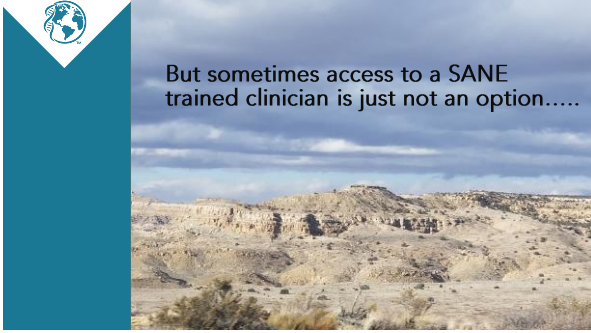
---

---

---

---

---



But sometimes access to a SANE trained clinician is just not an option.....

---

---

---

---

---

---

---

---

### Appendix C



Appendix C outlines the training all providers should have prior to performing an examination on a patient who has been sexually assault or abused




---

---

---

---

---

---

---

---

### A Training for All Healthcare Providers

- The basic elements of Appendix C: Minimum Training Recommendations
- Provides guidance when caring for patients when there is no access to SANE services
- Improves the overall medical forensic exam process and outcomes for patients




---

---

---

---

---

---

---

---

### Creating A Training for ALL Healthcare Providers



The journey ahead:

- Collaboration with national partners
- An extensive process
- Additional considerations




---

---

---

---

---

---

---

---

### The Team:




---

---

---

---

---

---

---

---



What happens when there is no access to a SANE to assist in caring for patients?




---

---

---

---

---

---

---

---

### Possible Outcomes When There is No SANE

- Non-SANE trained clinicians provide care to their best ability
- The appropriate Sexual Assault Response is not initiated for the patient
- The patient is turned away




---

---

---

---

---

---

---

---

### Chat Question

What are some potential issues for either the clinician or the patient when the medical forensic exam is provided without appropriate training?




---

---

---

---

---

---

---

---

### Possible Outcome 1:



**Non-SANE trained clinicians provide care to their best ability...**

- The clinician may not feel equipped to provide the best care to the patient.
- The patient would not be able to receive the comprehensive, specialized care that a SANE trained clinician would be able to provide.
- The clinician may have fears or concerns about the potential of being called to court for testimony.

---

---

---

---

---

---

---

---

### Possible Outcome 2:



**The appropriate Sexual Assault Response is not initiated for the patient...**

Most community or jurisdictions have laws and protocols in place for the response to sexual assault and abuse. This response is multidisciplinary and may vary by community and jurisdiction

---

---

---

---

---

---

---

---

### Possible outcome 3:



**The patient is turned away...**

Although the Emergency Medical Treatment and Active Labor Act (EMTALA) essentially says that a patient that arrives to a hospital facility seeking medical care, cannot be turned away without being provided services, it is known that patients that have been sexually assaulted are still often turned away.

---

---

---

---

---

---

---

---

### Quick Recap....



Tell me one more time...

- Guidance documents
- Acknowledged the reality there may be no SANE to access
- Acknowledged the need for additional guidance
- Identified Possible Outcomes



---

---

---

---

---

---

---

---



### Appendix C: Minimum Training Recommendations

- Neurobiology of trauma
- Multidisciplinary collaboration in sexual assault response
- The medical forensic examination across the life span
- Court Testimony




---

---

---

---

---

---

---

---

### The Neurobiology of Trauma



Clinicians are educated on how the trauma of a sexual assault and sexual abuse effect the brain and the patient's responses and actions post assault.




---

---

---

---

---

---

---

---

### A Multidisciplinary Collaboration in the Patient Response




---

---

---

---

---

---

---

---

### Collaborative Approach




---

---

---

---

---

---

---

---

### Sexual Assault Medical Forensic Exam

Overview provided of:

- Exam process
  - Consent/assent
  - Various aspects of language
  - Mandatory reporting
  - Patient Exam Options
  - Medical Management
  - Discharge & Safety Planning
  - Documentation




---

---

---

---

---

---

---

---

### Medical Forensic Exam



Overview provided of:

Sexual assault evidence kits, evidence identification, collection and proper handling




---

---

---

---

---

---

---

---

### Court Testimony

Clinicians are provided education to guide the response to subpoena and court testimony.



---

---

---

---

---

---

---

---



### Poll Question

Are there still healthcare providers that believe it is reasonable to place a patient that has been sexually assaulted into a busy waiting area?



---

---

---

---

---

---

---

---

### Patient-Centered Care



Providing a patient with care that is specific to their needs and circumstances to promote the healing and wellbeing of the patient

---

---

---

---

---

---

---

---

### Patient-centered Approach



Prioritize patient as an emergency patient and minimize their wait in a private area	Understand the importance of victims services and engage them in the exam process
Empower the patient with choices and provide exam adaptations as needed	Address the patient's safety and their priorities during the exam

---

---

---

---

---

---

---

---

### Trauma-Informed Care

Clinicians must acknowledge sexual assault as a trauma and recognize that patients that have been sexually assaulted deserve to be treated with trauma informed care.




---

---

---

---

---

---

---

---

### Trauma-Informed Approach



Understands the source of the patients trauma	Provides acknowledgment of the patient as a whole
Supports the patients healing	Reduces Re-traumatization

---

---

---

---


---

---


---

---

**Accessing the Training**



- Online interactive platform
- On your own
- Through your healthcare facility
  - As a department
  - As an organization



ForensicNurses.org

---

---

---

---


---

---

---

---

**More About the Training**



- **Free** of cost
- 2-Hour training
- CNEs/CMEs available upon completion through IAFN
- Created for Non-SANE trained clinicians
- Appropriate for all disciplines

---

---

---

---

---

---

---

---

**Accessing the Training**

Caring for the Sexually Assaulted Patient When There is No SANE in Sight: A Training for ALL Healthcare Providers



This two hour course is FREE and open to everyone!

**Course Outline**

- The Neurobiology of Trauma
- The Coordinated Community Response
- The Medical Forensic Examination
- Courtroom Testimony

CNE and CME credits are available at no cost upon completion of the course through IAFN.

- IAFN website: [forensicnurses.org](http://forensicnurses.org)
- SAFETa website: [safeta.org](http://safeta.org)




---

---

---

---

---

---

---

---

### Contact Us...



To learn more about the online training:

Caring for the sexually assaulted patient when there is no SANE in sight: A training for ALL healthcare providers

Angelita Olowu BSN, RN, SANE-A, SANE-P  
Forensic Nursing Specialist  
410-626-7805 ext 104  
aolowu@forensicnurses.org

---

---

---

---

---

---

---

---

### www.SAFETA.org and www.KIDSta.org Resources

Access to telephone or personalized e-mail technical assistance from the International Association of Forensic Nurses.

Email: [contact@safeta.org](mailto:contact@safeta.org)

Professional Resource Line: 1-877-819-7278

---

---

---

---

---

---

---

---

